

COLLEGE GAMBLING

WHAT YOU SHOULD KNOW



Approximately 75 percent of college students gambled during the past year (whether legally or illegally) with about 18 percent gambling weekly or more frequently.

Lotteries, card games, raffles, sports betting and fantasy sports are the most frequently chosen gambling activities by college students.



Both student athletes and students who are sports fans gamble more than other students.

Casino nights, poker tournaments and other gambling activities are popular at special events sponsored by campus organizations, fraternities and sororities.



Despite the prevalence of on-campus gambling, only 22 percent of U.S. colleges and universities have formal policies on gambling.

If you or your peers are struggling with a gambling problem help is available!

Visit

NYProblemGamblingHELP.org

PROBLEM GAMBLING
NEW YORK STATE
RESOURCE CENTERS
— Here to Help —

Why do college students gamble?

- Make money, or "get rich"
- Stress of classes
- Socialize with friends or to meet new people
- As a coping method to deal with depression and anxiety
- Access to cash through parents or credit card offers

Are you concerned about your gambling ?

- Is it distracting from your schoolwork and assignments?
- Is it keeping you from joining other activities and organizations?
- Is it distancing you from people at school and at home?
- Is it keeping you up at night?

