

TEENS WHO CHOOSE NOT TO GAMBLE ARE AT LOWER RISK FOR:

- Developing mental health issues including depression and anxiety.
- Experiencing substance use disorder and misusing substances.
- Attempting suicide.

*Sources: Wynne, et. al. (1996); Hardoon, et. al. (2002); Gupta & Derevensky (1998); Potenza, et. al. (2002)



Get help or more information today:



1-877-8-HOPENY
Find Help for **1-877-846-7369**
Alcoholism, Drug Abuse, Problem Gambling

ABOUT US

YOU Decide NY was developed to help youth understand the realities and the potential consequences of gambling, and to empower them to share their knowledge with their peers, parents and communities.



FOR MORE INFORMATION,
PLEASE VISIT
WWW.YOUDECIDENY.ORG

PREVENT YOUTH GAMBLING HOW YOU CAN HELP.



This project is run in partnership with the
New York Council on Problem Gambling.

Funded by:



Office of Addiction
Services and Supports

oasas.nv.qov 877-8-HopeNY



New York Council on Problem Gambling



PARENTS

- Talk with youth about the dangers of youth gambling. Visit YOUDecideNY.org for conversation starters and toolkits.
- Teach youth how to analyze media messages by using teachable moments like discussing ads, movies, music and their meanings.



YOU(TH)

- Know all of the facts before you decide.
- Be a positive peer influence by choosing not to gamble.
- Take action in your community by partnering with your local prevention agency to take action. You can find more at YOUDecideNY.org.



COMMUNITY LEADERS

- Declare your events gambling free.
- Publicly express your support for gambling free events for youth and families.
- Sign a resolution or statement of support.

Learn more and find resolutions at www.YOUDecideNY.org