



# YOUTH GAMBLING PREVENTION RESOURCES



### Talk. They Listen.

Learn about the brain, gambling, and addiction, plus, tools for the talk here.

[Click Here for the Mind Ride Addiction Information](#)

### Learn More About Youth Gambling.

Check out our fact sheet and use it as a great way to start the conversation about youth gambling.

[Click Here for the Youth Gambling Fact Sheet](#)

### Reduce Access To Gambling.

Check out these great fundraising alternatives schools and community groups can use to reduce gambling exposure.

[Click Here for Fundraising Alternatives](#)

### Access Our Video Library.

Here you can find conversation starters and learn about the affects of youth gambling on families and communities.

[Click Here to Access Video Library](#)

# DID YOU KNOW?



You are more likely to win an Oscar than a large sum lottery jackpot.

Youth can fall into depression and shame due to the stressors that result from problem gambling.

YOUR MENTAL HEALTH IS A PRIORITY



Help End Problem Gambling  
Visit [YOUDecideNY.Org](http://YOUDecideNY.Org) For more information

Scan here for our YOU Decide website and links to all resources on this page.



Find More Information  
all of these resource at  
[YOUDecideNY.Org](http://YOUDecideNY.Org)

### Youth Gambling Prevention Resources.

YOU Decide helps educate and provide resources to prevent youth gambling and prevent future related issues.

[Click Here to Visit YOU Decide Resources](#)

### Youth Gambling Prevention Blog.

These blogs include several topics, education, and resources that can help navigate conversations around preventing problem gambling.

[Click Here to Visit YOU Decide NY](#)

### Problem Gambling Resources.

Learn more about what problem gambling is and how you can help here.

[Click Here for More Problem Gambling Resources](#)

### Family Toolkit.

This toolkit includes information about problem gambling and resources for support and self care.

[Click Here for the Family Toolkit](#)

### Know The Odds.

Know the Odds is a resource for anyone who is concerned about their loved ones gambling.

[Click Here for Know The Odds Resource Page](#)

### Self Screening Tool

Learn more about how to decide if you are ready to reach out for help and additional resources.

[Click Here for the E-Screener](#)

Contact [JMcCarthy@NYCPG.org](mailto:JMcCarthy@NYCPG.org)  
with questions